

Newtown MediSpa

PEEL: VITALIZE/REJUVENIZE

If retinoic acid was used as part of your treatment, your skin will have a light yellow tinge immediately after the procedure. This is temporary and will fade in 1 to 2 hours. Please wait to wash your face after the yellow tinge completely disappears.

SUNSCREEN: You **MUST** wear sunscreen with an SPF of 30 or more and avoid direct sunlight for at least **ONE WEEK**. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure.

PEELING: 48 hrs after treatment, your skin will start to peel. Peeling will generally last 2 to 5 days. **DO NOT PICK OR PULL THE SKIN.** Allow skin to peel at its own pace.

WASHING: When washing your face, do not scrub, do not use a wash cloth. Use a gentle cleanser or a cleanser that **DOES NOT** contain soap.

Your skin may be more red than usual for 2 to 5 days. Please avoid strenuous exercise during this time.

You may resume regular use of your moisturizer, Retin-A, alpha hydroxy acid (AHA) products or bleaching creams **ONLY** after the peeling process is complete.

Wait until peeling completely subsides before having **ANY OTHER FACIAL PROCEDURES.**