

SCULPTRA POST-TREATMENT

- DO massage the treated areas five times a day for 5 minutes, for five days after treatment.
- DO hold ice packs on the treated areas gently for about 10 minutes on, then 10 minutes off a few times on the same day of treatment to help reduce swelling.
- Feel free to wear makeup the following day.
- Treated areas may be red, swollen, and bruised for the first 2-7 days.
- Avoid strenuous workouts, sun/UV lamp exposure and alcohol for 24-48 hours.
- If bruising occurs, you may continue Arnica supplements and drink fresh
- pineapple juice to help bruising resolve faster.
- A few days after treatment, you will look as you did before treatment. This is normal, as the volume achieved immediately following treatment will be absorbed and used to build your own collagen.

BUTTOCK AUGMENTATION

- Swelling and bruising is a normal occurrence.
- No cardiovascular exercise until the initial swelling has subsided.
- Avoid stationary pressure to the area that is longer than two hours. Change
- positions frequently.
- Report any abnormal pain, bruising, or discoloration.

FOLLOW UP TREATMENT

- Follow up photographs and treatments should be scheduled at about 6-8 weeks after your initial treatment.
- Visible results may not be seen for 6-8 weeks and sometimes up to 3 months for full results.
- The results can last more than two years.