

# Newtown MediSpa

## **BOTOX PRE-TREATMENT**

Avoid taking Aspirin, Non-steroidal Anti-Inflammatory Drugs (NSAIDS) such as Motrin, Vitamin E, Ginger, Ginkgo Biloba, Ginseng, and Garlic 10-14 days prior to the procedure. These drugs and herbs may cause excessive bleeding or bruising.

## **BOTOX POST-TREATMENT**

- Do not touch the treated area for 8 hours.
- Remain upright for 3-4 hours.
- No exercise on the day of treatment.
- No sunbeds for 7 days.
- No facials, chemical peels, or laser resurfacing treatments for 7 days.
- Periodically tense the treated muscles during the first 3-4 hours.
- Do not consume excessive alcohol for 24 hours post-treatment.

***Please allow 7 to 10 days to achieve full effect. After this time, if you are not sure that the results have met your expectations, please call us for a follow-up appointment.***

*PLEASE CONTACT US FOR A TOUCH-UP IF YOU STILL HAVE EXCESSIVE MOVEMENT IN THE TREATED AREA. TOUCH-UPS ARE SOMETIMES NEEDED UNTIL YOUR PROVIDER LEARNS YOUR FACIAL ANATOMY AND MUSCLE REACTION.*

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